

Prepare a 3-Day Disaster Survival Pack

Use something with a tight filling/latching lid such as a new 33 gallon trash can on wheels
Store in garage or storage shed – prevent tipping or spilling
(smaller containers can be used—store in the bottom of a closet near the front door)

Bottom of barrel:

Bedding: plastic sheets/tarp, sleeping bag, blankets

Cooking/eating equipment: manual can opener, dishpan, disposable dishes, utensils

Clothing: one change of clothing per person - weather appropriate (rain, cold)

Personal Supplies: books, pencil/paper, toiletries, towels, bandannas

Equipment: axe, shovel, bucket, plastic bag liners, duct tape

Fuel and light: candles, matches, Sterno, light sticks

Other: eye dropper, liquid chlorine bleach or water purification tablets, \$\$ in small bills

Middle of the barrel:

Food: three day supply requiring no refrigeration – be sure to date and rotate regularly consider creating menus (canned fruit, meats, peanut butter, vitamins, energy bars - try to maintain 2100 calories and essential nutrients)

Water: minimum of one gallon per day per person - pet items should be stored in a separately sealed container that will not freeze

Top of Barrel:

Essentials: flashlights, knife, radio (crank and/or battery operated), Rx and testing kits

First Aid Kit: medications, antibiotic ointment, pain meds, anti-diarrhea, bandages, ace wraps, band aids, triangular and butterfly bandages, gauze bandages and pads or sanitary napkins for use as bandages, adhesive tape, scissors, tissues, tweezers, rubbing alcohol, First Aid book and survival blankets, extra eye glasses

Copies: of important papers, prescriptions, phone num-bers, insurance, etc. Consider storing on flash drive.

The size of your family may require that more than one barrel be used to store your 3-day pack. Compact, durable camping supplies are a good choice. Think about including items that will comfort and entertain children (stuffed ani-mals, books, small games). If you have a tent, store it near your survival pack, it may be your only shelter. Be sure to rotate your food and water. “Other” items might include: single burner camping stove, nested cooking pots, coffee, tea, chocolate, soup, and formula.

